

# Gold Coast Skills 4 Life Program of Supports



## Skills 4 Life

### Term 4 2022

**TIME:** Thursday 4pm - 6.30pm

**LOCATION:** All activities meet at our Gold Coast Centre - 1 Byth Street, Arundel QLD 4214.

**COST:** The NDIS cost is based on a 1:2 ratio and can be billed to your Core Supports budget.

Ask us how to cover some of the additional program costs with your NDIS plan.

**PARENT MIXER:** Let's connect with other parents onsite. Time/date to be communicated.

	When	Program	Extra Cost
Week 1	Thursday 27 October	<b>Let's meet the group + Craft</b> Social Skills & Creative You	\$15
Week 2	Thursday 3 November	<b>Mini Golf Par-Tee</b> Social Skills	\$14 + food
Week 3	Thursday 10 November	<b>Let's get cooking</b> Independent Me	\$15
Week 4	Thursday 17 November	<b>Bowling Fun</b> Social Skills	\$25.50
Week 5	Thursday 24 November	<b>Game on! Board Games + Cooking</b> Independent Me & Social Skills	\$15
Week 6	Thursday 1 December	<b>My Wellbeing &amp; Mental Health</b> Your Wellbeing	
Week 7	Thursday 8 December	<b>Christmas Wonderland - Baking &amp; Decoration Making</b> Independent Me & Creative You	\$15
Week 8	Thursday 15 December	<b>Mingle &amp; Jingle End of Year Party</b> Social Skills	\$15