



# Support Coordination

The NDIS provides funding for Support Coordination to help you put your NDIS plan into action and strengthen your ability to manage your own plan in the longer term. Montrose provides Level 2 Support Coordination services to help explore your options and find supports that work for you.

## What is Support Coordination?

Support Coordination is designed to assist you in finding the best services to deliver the outcomes in your NDIS plan.

There are three levels of Support Coordination available under the NDIS:

### LEVEL 1 – Support Connection

Short term assistance designed to build participants' capacity to manage their own plan

Montrose  
provides  
this level  
of Support  
Coordination

### LEVEL 2 – Coordination of Supports

Longer term support for more complex support needs. Coordination of supports focusses on supporting participants to direct their lives, not just their services. This involves working together to understand the funding, what participants expect from services, and how participants want this designed.

### LEVEL 3 – Specialist Support Coordination

As above, but where the participant's situation means they require more intensive support.

Your NDIS planner will talk to you about which level of Support Coordination is most appropriate for you.

Montrose specialises in children, families and young adults but works across the age spectrum. Our specialist support coordinators can work with clients from 0 to 65 years (or 65+ who have NDIS funding package) including:

- Help you understand your NDIS Plan
- Work with you to design Support Approaches
- Identify services that meet your individual needs and those identified in your NDIS plan
- Establish and coordinate your service providers and support
- Help in a crisis: Planning, Prevention, Mitigation and Action
- Build Capacity and Resilience
- Monitor your NDIS plan and review your goals prior to a plan review
- Report to the NDIA

## We have:

### ➤ Deep knowledge of supports

We can help you identify the supports you need and connect you with quality providers.

### ➤ Long term experience in disability

Montrose has supported people with disability for almost 90 years. Our Support Coordinators are experienced in both disability and the NDIS.

### ➤ Expertise in NDIS plans

We have worked with the NDIS since it was introduced and support clients to get the best plan and then make the most of it.

## We are

### ➤ Focused on you

We work with you and your support network to develop and meet your goals. Together, we start with possibilities – what do you want to achieve? And how can we help you get there?

Our Support Coordinators are independent. When you receive Support Coordination from Montrose, you will be supported to connect with any service provider of your choice.

## Who are Montrose

Montrose has almost 90 years of experience working with people with a disability. We are a values based not-for-profit organisation who invest returns in services for our clients.

**To talk to us about  
Support Coordination,  
call us on 1800 193 362**

**[montrose.org.au](http://montrose.org.au)**