



Montrose
Therapy & Respite Services



Where the HEART is

Annual Review | 2021



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Traditional Owners

We acknowledge the traditional owners and custodians of the land where we work and pay our respects to their elders, past, present and future.



Who we are

Montrose has a long history of providing services for people with a disability. In 1933, we commenced during the grip of the Poliomyelitis epidemic, which often left survivors with severe disabilities.

Today, Montrose Therapy & Respite Services provides supports to children and young adults with physical disabilities, neuromuscular conditions, developmental delay and autism. We provide Physiotherapy, Occupational Therapy, Speech Pathology, Support Coordination and Social Work support, along with Short Stay Accommodation and a Lifestyle & Leisure service. Montrose is a vital presence in the homes, schools and communities of South East Queensland.

We are based in Brisbane with Centres across Queensland including Brisbane South, Brisbane North, Gold Coast, Sunshine Coast, Slacks Creek, Ipswich and Toowoomba.

We are a values based not-for-profit organisation with any surpluses invested back into providing services for children and families. Montrose is a registered National Disability Insurance Scheme (NDIS) provider.



Our mission and values

Mission

Supporting children and young people with a disability and their families to maximise their abilities, achieve their goals and live the lives they choose.



Welcoming

We are part of a broad community that cares for and respects the needs of others. We want you to feel at home at Montrose, whatever your background and whatever your challenges.



Informed

We share our knowledge within our community. We go above and beyond to understand complexities and provide innovative solutions.



Empowering

We believe in making things possible, we dream big, and we enable the Montrose community to be happier, stronger and more confident.



Invested

Your goals are our goals. We are committed to achieving outcomes. We are in this together and work as a team.

President's message

It seems each year passes more quickly than the last. 2021 was certainly a year that held some challenges. The ongoing uncertainty due to COVID-19 has impacted Montrose in many ways, but it has also encouraged great innovation and determination. As we have responded to COVID-19, I have been proud to see the flexibility shown by staff and clients alike to ensure that vital therapy services can continue. The Board and I cannot thank the clients, parents and staff enough for their efforts during this year.

I have served on the Montrose Board since 2009, so I have taken great pride seeing our organisation transform from its historic past at Corinda into a modern NDIS service provider with seven Service Centres in South East Queensland and purpose built short stay facilities. As we have done many times since 1933 we have relied on our core values to guide us through periods of significant change.

Despite the backdrop of uncertainty, we have continued to push ahead with our business planning process to deliver a new Business Strategy to take us to 2026. The NDIS is maturing following its initial roll-out and Montrose recognises that ongoing innovation and agility will be required to continue to deliver high quality, evidence-based services.

This includes the critical challenges of attracting and retaining a highly skilled workforce and looking to improve our digital capability to interact with clients and families.

Although a significant part of our income comes from providing NDIS services, that is not the full picture. Montrose has always relied on support from individuals, business and other donors to allow us to invest in our Centres and support those families who fall through the cracks of government support. We have seen this support continue in 2021 and I would like to thank all those who made contributions.

This year has also seen our patron, the Honourable Paul de Jersey AC step down as Governor of Queensland. We thank him for his service as patron and are delighted that Jeanette Young has accepted our request to act as Patron of Montrose.

In closing, I would like to thank my fellow directors, Montrose staff, our clients and their families and carers for their support during the past year. I am confident that the resilience and commitment to our values, shown over the last twelve months, will serve Montrose well in the future.

Darryl Stuart
President



Darryl Stuart



From the CEO

Annual Reports are a welcome opportunity to reflect on the year past, and consider our successes and learnings. 2021 has certainly been another year where plans have had to be flexible and, on occasion, changed at very short notice. However, there are many examples where we stayed the course and enjoyed success and progress throughout the year.

We know that many of our clients can find periods of change difficult so COVID-19 has presented some particular challenges for those who crave routine and stability. Montrose has strived to keep our services open and available whenever possible. As an essential service, this has meant complying fully with all Queensland Health directives.

I am so proud of how our staff and clients have responded to these changing requirements. We have seen our Lifestyle and Leisure staff quickly developing centre-based activities when community activities were disrupted. Our therapy teams have ensured smooth transitions in therapy delivery where TeleTherapy has been required, or where therapy activities have to be adapted.

The team at Our Getaway has also worked to reassure families during these uncertain times. Many young people have continued to enjoy a short break or an extended stay at our fully accessible short term accommodation on the Gold Coast. This is a vital service at a time when families are facing additional stress and uncertainty.

Despite the ongoing impact of COVID-19, this year has also seen important innovations and investments at Montrose. Our Ipswich and Sunshine Coast Centres were significantly expanded to offer more therapy space and improve appointment availability. We are delighted to now offer Level 2 Support Coordination as a service at Montrose.



Kerrie Mahon

Montrose also developed a new Business Strategy to run until 2026. You can read this later in this report but you will see it sets out our plan to ensure broader services, a highly skilled workforce and innovation wherever possible.

In addition to providing high quality services, Montrose is committed to highlighting issues that are important to the disability community. This is a central part of my role as CEO of Montrose and includes actively raising client's issues and frustrations with the NDIS and government, to help improve the experience of all our clients with the NDIS.

Montrose relies on partnerships and support from many individuals and organisations. There are too many to thank but I would like to make special mention of our voluntary Board of Directors and our client-focussed Montrose Advisory Committee who continue to provide valuable feedback.

I also acknowledge the support provided by our generous donors and benefactors. We rely on voluntary support to buy vital resources and equipment, and also to pay for centre refurbishments such as those mentioned above. Perhaps most importantly, it allows us to step in where there are funding gaps to provide support for children and families when they really need it.

Kerrie Mahon
Montrose CEO





Business Strategy 2022 to 2026

Our Core Strategies 2022 to 2026

Our core strategies will guide our journey from today through to the year 2026.

Helping more people achieve their goals



We will broaden our services to clients and expand our evidencebased services in physical disabilities and syndromes, developmental delay, sensory and speech disorders, and foetal alcohol spectrum disorder.

Innovate to improve our services



We will explore ways to improve services and information sharing between Montrose and our clients. This includes enhancing our digital capability to support better client interactions and ensure we are prepared for NDIS market changes.

Invest in our people



We will attract, retain and develop a highly skilled workforce, through our positive workforce culture and reputation as a leader of evidence-based services, teaching and research.

We will build our capability for strategic change, and be flexible and agile, to seize new opportunities.

Integrate our corporate services work to support growth



We will integrate Corporate Services, business administration and referral support systems, to support sustainable revenue growth that generates a surplus for reinvestment in our clients and staff.





Our Impact

Montrose is a vital presence in the homes, schools and communities of South East Queensland. Our dedicated teams provide expert support in a wide range of disabilities to almost 2000 clients across South East Queensland.

The difference we make is clear. We work to support the individual goals of our clients and we celebrate when they are achieved. On any day in one of our therapy centres, you will see children working hard to learn new skills, practice movements or find new ways to communicate.



What we do

Our purpose: To support children and families living with a disability to maximise their abilities, achieve their goals and live the lives they choose.



55,411

Hours of services provided



1,951

Clients serviced

Service hours provided by therapy type include:



20,410

Occupational Therapy



16,770

Speech Pathology



8,625

Physiotherapy



450

Lifestyle and Leisure programs and social activities



10

Themed weeks at short stay



Over **100**

pieces of equipment loaned (including hoists, manual and power wheelchairs)

Advocacy

Montrose is committed to highlighting issues that are important to the disability community. We are regularly involved in advocacy work to help improve the NDIS for our clients and their families.

We work independently and with like-minded partner organisations with the aim of influencing government to ensure our clients and their families receive the best care possible.

This year, Montrose CEO Kerrie Mahon has Spoken at a Joint Standing Committee on the NDIS, chaired by the Hon Kevin Andrews MP, and raised the issues of slow approvals for assistive technology, the need for better coordination and our concerns with reduced funding in plans. She also provided feedback to an Independent Advisory Council to the NDIS on our concerns with independent assessments.



Montrose is a member of Ability First Australia, one of the largest not for profit strategic alliances between 14 of Australia's leading disability service providers.

Find out more at abilityfirstaustralia.org.au



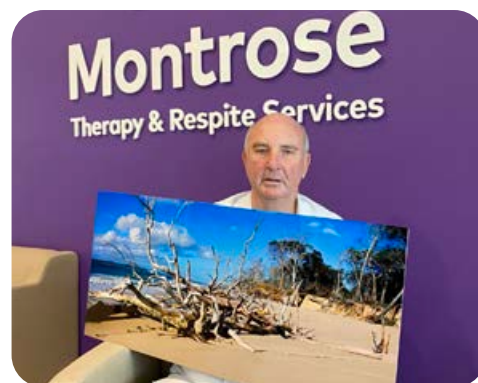
A lifelong impact

Montrose has been supporting Queenslanders with a disability since 1933. Former resident Graeme has recently reconnected with Montrose.

The care and medical treatment Graeme received enabled him to live a full working life and he is now retired. He is very grateful for the support of Montrose, which he says transformed his life. By way of showing his appreciation, Graeme kindly donates his amazing photographs for auction at Montrose fundraising events.

He tells us:

"In 1966 I was discharged from Montrose home. Had it not been for the intervention of Montrose home in my life things could have been very different for me by way of quality of life. At the age now of 67 and I have had 54 years of enduring great health thanks largely to Montrose home. In life there are some debts that are not able to be repayed. This may be one of them."



Client stories

Ella and Harrison

Parents of children with disability can find themselves working with many specialists for support.

Having all these specialists working in one organisation can mean a more collaborative approach to achieving your goals.

Sunshine Coast mum, Tayla, has seen the significant benefits of working with our multidisciplinary team for Harrison (aged 5) and daughter Ella (2) who both attend Montrose for Occupational Therapy and Speech Pathology. Ella also sees our Physiotherapist.

Ella has Congenital Myotonic Dystrophy which is associated with severe muscle weakness as well as speech, hearing and vision difficulties. The Sunshine Coast Team have been working with Ella since she was 6 months old.

Having a multi-disciplinary team that understands complex disabilities has many benefits. For example, following a recent stay in

hospital all therapists shared information from health teams to plan for discharge, ordering equipment and ensure Tayla didn't have to tell each therapist the story over again.

Joint sessions with Ella and Montrose Speech and Occupational Therapists allow the Speech Pathologist to model and embed use of Ella's PODD book while the Occupational Therapist supported with play and pre-writing skills. For children like Ella who attend multiple therapy sessions each week, this coordinated approach can help reduce fatigue and free up time for other family activities.

Ella's brother Harrison also attends Montrose and is working on his social skills and emotional regulation as he gets ready for prep.

His Speech and Occupational Therapist plan their sessions so that each week he is focused on the same goal. Harrison's Occupational Therapist also ensures she uses the same communication strategies such as key word signs in her sessions.





Speech Pathology

Montrose Speech Pathologists diagnose and treat communication disorders, including difficulties with speaking, listening, understanding language, non-verbal communication, reading, writing, social skills, stuttering and using voice.

Speech Pathologists help with:

- Difficulties with talking or being understood
- Late speech development
- Specialised communication aids and resources
- Mealtime assistance when eating is difficult or for a fussy eater
- Assessments
- Identifying and introducing Assistive Technology

Specialist Disability Support in Schools (SDSS)

Montrose is funded by the Department of Education to deliver this program at no cost to the school or student.

The SDSS program is designed to support schools to enhance learning outcomes for students who require significant educational adjustments.

Funded supports include Speech Pathology, Physiotherapy and Occupational Therapy.



Our Brisbane South Speech Pathologists showing off just a few of the tools they use to help our clients communicate.

Montrose Speech Pathologists use a wide range of AAC tools in their work. AAC stands for Augmentative or Alternative Communication and can be a device, system or tool that helps someone communicate. Our team work with iPads, switches, PODD books and lots more.

Occupational Therapy

Montrose Occupational Therapists work with people to do the things they need and want in all aspects of life, such as daily activities, personal care and participating in education, work or their community.

Occupational Therapists help with:

- Breaking down challenging activities into manageable tasks and gradually building on strengths
- Assessment and prescription of Assistive Technology (equipment) as well as vehicle and environment modifications
- Reaching age-appropriate milestones for children
- Improving fine motor skills
- Washing, dressing & toileting

The Montrose Resource Centre offers our therapists access to a wide range of therapy tools, games, equipment and assessments. It is supplemented by smaller resource collections at our local offices.



Each of our service centres created a 'Wall of Hands' featuring artwork by clients in recognition of their Occupational Therapists during OT Week.



Physiotherapy

Montrose Physiotherapists provide movement and mobility therapies for children and young people living with physical and intellectual disabilities. We work closely with clients and their families to monitor and treat movement disorders, address muscle and pain issues and improve mobility.

Physiotherapists help with:

- Selection and prescriptions for mobility equipment, such as wheelchairs and walkers
- Coordination, strength and flexibility
- Exercises to improve posture and help control movement
- Advice on how to physically assist someone
- Reaching age-appropriate milestones such as running, hopping and riding a bike



Montrose Physiotherapists showing their balance skills on World Physiotherapy Day 2021.





Social Work

Our social workers support individuals and their families. They can help with many things including:

- Confidential counselling and support for children and families
- Facilitating peer support and networking
- Consultation with other service providers
- Accessing community resources

Support Coordination

Montrose provides Level 2 Support Coordination services to help clients explore their options and find supports that work for them.

Support Coordinators can:

- Help you understand your NDIS Plan
- Work with you to design Support Approaches
- Identify services that meet your individual needs and those identified in your NDIS plan
- Establish and coordinate your service providers and support
- Help in a crisis: Planning, Prevention, Mitigation and Action
- Build capacity and resilience
- Monitor your NDIS plan and review your goals prior to a plan review
- Report to the NDIA



Filling the School Holidays with Therapy fun!

School Holiday Group Therapy sessions are always a big hit with clients participating in a variety of fun sessions ranging from Teddy Bear Picnics to Lego Masters Groups and lots more.

All group sessions are created and run by our experienced therapists to support clients' individual goals. Group therapy supports communication, collaboration and confidence and are a great way to meet and connect with other children.





Short Stay Accommodation

Our short stay accommodation offers young people with a disability the opportunity to enjoy a holiday on the Gold Coast! It's a chance to try new activities or enjoy the independence of spending time away with friends. Our Getaway also provides the primary carer of a client with disability with valuable support and the opportunity for self-care.

We run regular themed breaks where guests enjoy a programme of activities created just for them. Our Ladies' Weeks are always popular and Halloween, Christmas and other events book quickly too.



About the house

The fully accessible house was completed in 2016 and has comfortable, well equipped bedrooms and large open living areas and kitchen.

There is space to sit outside, a dedicated TV and gaming area and fully accessible en-suite bathrooms.

Also included:

- 24 hour support as required
- Hi-lo electric beds with pressure care mattresses
- Ceiling mounted electric hoists
- Mobile hoists and shower chairs
- Height-adjustable dining table

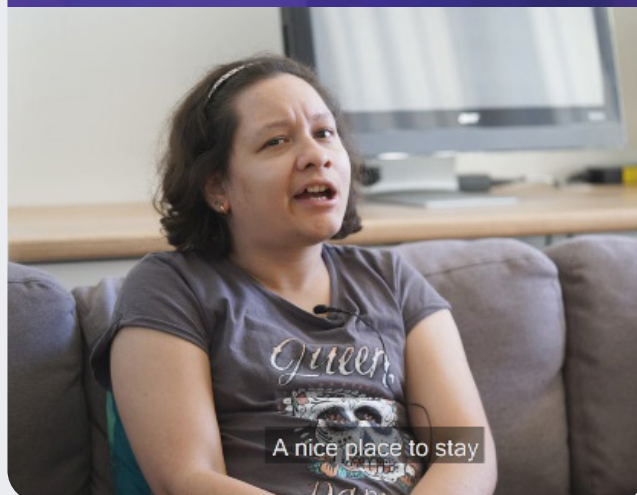


Why not take a look around? Please click here





Elizabeth and Magenta explain why they keep coming back to Our Getaway in this great video. Please click here



Client stories

Candace

Candace enjoys playing with the toys and engaging with her Montrose therapists. But she also keeps a close eye on mum and dad to make sure they are watching too!

This session is being run by Montrose Occupational Therapist, Jessica and Physiotherapist, Yolande. They are focussing on movement and strength goals to help Candace catch up with other kids her age.

Candace is working hard. She's taking toys out of a box, chasing a ball on the floor and also climbing up a little step! This is great progress. Only a few months ago, Candace would cry during sessions and struggle to even sit up. She's just approaching her second birthday and has a developmental delay due to seizures as an infant.

"Not long after she was born, she started having little muscle spasms in her arms and leg," explains mum, Cassie.

"Then one morning she just rolled her eyes to the back of her head and I couldn't get her attention. We rushed straight to hospital where she had another seizure. We didn't know what was causing it and we were scared we might lose her," she explains.



The family chose to access multidisciplinary services at Montrose.

"Montrose had everything in one place so I only have to go there to get all Candace needs", says Cassie.

"She's come a long way this year and made a lot of progress," explains Cassie.

"When we first came, she couldn't sit or self-feed. But, just last week, she sat up by herself in the shopping trolley and she is starting to feed herself as well", she says.



Lifestyle and Leisure

Our Lifestyle programs for young people run in Brisbane offering skills programs and social activities with the emphasis on fun and inclusion in the community. We see Lifestyle and Leisure as a vital part of our work that fulfils a real need for teens and young people to connect with other young people and learn new things.

Lifestyle Programs

The programs focus on specific themes – clients can pick and choose which courses they want to do. Each program follows a person centred approach and begins with setting individual goals. This might be a personal goal such as getting fit or moving out or it might be support to attend TAFE.



Social Group

Every month we have a new calendar of activities for social groups. We try to provide something for everyone including cinema nights, sporting events and restaurant visits. Some clients are regular attenders while others drop in when there is something on the agenda that appeals to them.

Teen Club

This one is for 13-20 year olds! Teen club participants enjoy after school fun, meeting new friends and hanging out. Anything could be on the agenda from board games to sports and movies, weekend outings and activities.





Montrose Advisory Committee

The Montrose Advisory Committee (MAC) is comprised of individuals with a current or past association with Montrose. All members have lived experience — either living with disability or caring for their children who live with disability. The MAC members are passionate about advocacy, making things better for people with disability and providing advice around all things sector and NDIS related.

The MAC meet quarterly and provide the following contributions in a range of areas:

- Identify modifications and/or improvements to better align policies and processes with the expectations of people living with disability, or carers of those with a disability.

- Provide feedback to Montrose regarding the improvement and design of services and projects that relate to clients.
- Help inform the advocacy work that our CEO Kerrie Mahon performs as part of various committees and Ability First Australia. This means that the MAC has an influencing voice when major changes are happening within the NDIA and disability sector.

Thank you to all who have participated in meetings and consultations this year. We really appreciate your time and input.

Client stories

Henri and Hansel

Henri (5) and his brother Hansel (3) work hard when they come for their therapy sessions at Montrose. They have a long drive to reach our Maroochydore Centre and see their Physiotherapist, Speech Pathologist and Occupational Therapist on the same day, sometimes in joint sessions.

Henri has been diagnosed as having Chromosomal Deletion and is working on his fine motor skills, communication goals and feeding.

Hansel has global development delay and is focussed on building strength, clarifying his speech, emotional regulation and fine motor skills.

Montrose therapists work collaboratively on goals to ensure the best progress is made across all therapies. Having a multidisciplinary team that understand their complex disabilities has helped the family focus on the needs of the boys and get the support they need.





The Montrose Team

A career with Montrose provides the opportunity to be part of a dedicated, friendly group of people who are passionate about making a real difference to the lives of children and young people living with disability.

Our multidisciplinary teams help clients achieve their goals and we celebrate with clients and their families as milestones are met.

A leader in the disability sector

When you work for Montrose, you are having a profound impact on people's lives. The introduction of the National Disability Insurance Scheme (NDIS) has meant significant growth in the disability sector and lots of new opportunities.

Montrose offers a great start in the sector as well as rewarding opportunities for more experienced therapists who join the team.

Being part of the Montrose Team includes:

Children & Young People: Paediatric-focused allied health work with plenty of client-facing time and in-depth client interactions.

Collaboration: Work closely with other therapy disciplines including joint therapy sessions for people with disabilities.

Flexibility: Flexible and family-friendly work environment.

Rewarding: Attractive salary packaging working for a not-for-profit organisation.

Growth: Opportunities to grow in your career – become a supervisor, discipline lead, mentor and progress into management or get involved in project work and research.

Development: Work within a structured evidence-based clinical supervision program tailored to your needs and learning goals.



Dress up days are a regular feature in Montrose Centres - we love it when clients join in too!

Click here to find out more about Montrose careers





Community support

Montrose relies on support from donors and grants to fund some vital areas of our work. Although the NDIS provides packages to pay for therapy sessions, it is generous donations that allow us to carry out refurbishments and fund much of our social work program. We also step in when funding is not available or where therapy is urgently required.

Isla and her family featured in our 2021 Tax Appeal, here is her story:

Isla was diagnosed with Spinal Muscular Atrophy (SMA) – Type 1 at 6 months old. The Montrose Sunshine Coast team lent equipment, advised the family through their NDIS application, and provided initial therapy sessions at no cost to the family.

Early intervention with SMA is vital. It's a rare genetic disease caused by a mutation in the survival motor neuron gene and usually leads to paralysis and breathing difficulties. Until recently, children diagnosed with SMA Type 1 rarely lived past their second birthday.

However new gene therapy treatment has offered hope of a much better outcome for children like Isla. Mum, Emma explains: "In 2020, Isla was approved for gene therapy treatment through the Medical Treatment Overseas Program. We should have been going to Chicago to have that treatment but due to COVID, this couldn't happen!"

"Her weekly sessions have been so important. It is great to watch her physio Amanda use creative ideas for exercise that we can then apply into our own daily routines. We've seen so much progress. Isla has never been able to crawl, but now she is able to do over ten crawl movements to get to me! We can tell that this is from all of her exercises that she has been doing. Progress like this is so exciting to see." says Emma.

"Thankfully, they flew it to Sydney for us and in May last year she had her infusion of Zolgensma. It's a one-time treatment and since having it, we have definitely seen improvements in her strength and in what she's able to do which has been really exciting."

Getting therapy as early as possible can help reduce the impact of SMA by maximising strength while limiting development of contractures (permanent shortening of muscles leading to deformity). Montrose is one of the leading providers of therapy for children with SMA in Queensland.

With Montrose, Isla has weekly Physiotherapy and has also had regular hydrotherapy. She also sees Montrose Occupational Therapist, Kacey.

"She's doing amazingly and through Montrose she's trialled a few pieces of equipment that will hopefully help her with her Kindy transition." says Emma.



Investing for the future

This year saw major investments by Montrose in our Sunshine Coast and Ipswich Centres. Both locations were expanded to offer more therapy space and improved staff work areas.

Generous support from donations and grants allow us to make these investments.



Fish room



Penguin room



Our new Sunshine Coast therapy rooms have names inspired by their seaside location in Maroochydore. The team celebrated the opening with an "Under the Sea" themed dress up day!

Thank you to the following:

Bequests

- Estate of the late Leslie Counsell
- Estate of the late Betty Davies

Larger donations > \$5000

- The Handy Family Foundation
- Lago Cold Stores & distribution
- We also thank all of our donors including those who give monthly.

Grants

- Gambling Community Benefits Fund

Ahoy, Mateys!

Montrose Occupational Therapists Laura and Rachel teamed up with Physiotherapist Vanessa to bring some pirate-inspired fun to their multidisciplinary session.

By adding the creative theme to the group session, our therapists encouraged their clients to engage with each other and get involved in activities that promote gross motor skills.





Zero Tolerance at Montrose

It's vitally important that our clients feel safe and supported while they use Montrose services.

To ensure this, we have a number of initiatives, policies and procedures in place. We follow the Zero Tolerance framework which helps organisations like Montrose understand actions they can take to prevent and respond to abuse, neglect, exploitation, discrimination and violence of people with a disability.

Zero Tolerance is a commitment to recognise, raise and respond to any deviation from the human rights of people using disability services. It is an organisational commitment to always have our eyes open and always strive to support client rights.

We ensure client safety in many ways including:

- Strong governance and leadership
- Policies and safeguards
- Creating a positive feedback and complaints culture
- Consultation with Montrose Advisory Committee



Governance and leadership

CEO

Kerrie Mahon

Kerrie has 25 years' experience leading and managing health and human services organisations and has been instrumental in transitioning to NDIS in previous workplaces. Her experience includes chief executive roles and executive positions leading community health services, specialist hospitals and disability services. Kerrie serves on the Board of Relationships Australia, Queensland, and is an Honorary, Associate Adjunct Professor for the Faculty of Health Sciences and Medicine at Bond University.



Patron

Governor of Queensland

*Her Excellency the Honourable
Dr Jeannette Young PSM*



President

Darryl Stuart

Darryl Stuart is the founder and CEO of Cgov and a Fellow of the AICD. He has volunteered his time and service to the Montrose Board since 2009. Darryl graduated with a Bachelor of Science and is a member of the Fellow of Australian Institute of Company Directors. Darryl is the former Director of the Australian Sport Aviation Confederation.



Vice President

Mark Molesworth

Mark Molesworth has committed his time and service to the Montrose Board since 2010. Mark is a qualified Chartered Accountant and his professional qualifications include a Bachelor of Commerce (Hons) and a Bachelor of Laws (Hons). He is currently Partner, Tax at BDO.



Finance Director

Liam Prescott

Liam is a partner at DLA Piper where he focuses on commercial litigation and dispute resolution, offering a broad range of experience and practical, direct advice to clients involved in the energy, mining, banking and financial services sectors. He was appointed to the Montrose Board in 2015.



Board Members



Dr Anita Cairns



Roz White



Teresa Pilbeam



Sean Rooney



Charles Burke



*Jeanette
Allom-Hill*



Dr Paul Koch



Bill Owens



A legacy of caring

In 1932, the world was in the grip of a Polio epidemic. Those who survived were often left with severe physical disabilities, requiring ongoing care. Brisbane Rotary arranged a public meeting and fundraising drive that led to the foundation of the Queensland Society for Crippled Children.

Philanthropist George Marchant donated his home at Taringa to the Society as the first "Montrose Home" which opened on 3 December 1933. However, facilities soon became inadequate and Mr Marchant responded by purchasing a larger site in Corinda in 1937.

As the impact of polio waned, the Society found that there was a great need for assistance for children with diverse muscular disabilities, juvenile rheumatoid arthritis, asthma and other conditions. Many of the children still lived at Montrose and were offered a broad range of services, including therapy.

In the early 1980's, policies began to change to enable families to care for their children in their own homes. Correspondingly, Montrose began to focus on non-residential in-home and therapy services.

In 2014, after 76 years, the Corinda site was sold and Montrose moved to new premises at Darra to better meet the changing needs of clients and families. Recent years have seen continued change as the National Disability Insurance Scheme (NDIS) has been introduced. New offices have also been established in Toowoomba, Slacks Creek and Ipswich.

Many things have changed over our long history but our commitment to the clients and families of those with whom we work has been unwavering. We are proud to play a positive role in the lives of people with a disability and look forward to doing so for many years to come.



The original "Montrose" at Taringa

Where the
HEART is

To find out more about
our history please
click here





Montrose
Therapy & Respite Services

Contact us – 1800 193 362
hello@montrose.org.au

10 Station Avenue, Darra QLD 4076

PO Box 3075, Darra QLD 4076

Service centres at

- Brisbane North
- Brisbane South
- Ipswich
- Slacks Creek
- Sunshine Coast
- Gold Coast
- Toowoomba

Additional clinic locations
are also available.

Short Term Accommodation
(Our Getaway) is located
at Labrador on the
Gold Coast.



**Where the
HEART is**

