



**CREATIVE
ARTS:**
Smash
**AND
PAINT**

Drumming and art offer you a different way to connect with the world and the people around you. Learn to share your feelings and beliefs through creative expression. Our Smash and Paint Course is perfect for anyone from art enthusiasts to novices. We provide a welcoming space for you to nurture and grow. Join our vibrant art community and experience the joy and satisfaction of mastering new skills.

Perfect for:

Anyone 16 years and above with a creative flair (or desire to be creative)

What to expect:

- An hour of drumming followed by art activities
- Art program will be developed to suit individuals but might include painting, pencil drawing and craft



What to expect:

- Run by a diversional therapist
- All resources provided
- Bring your own lunch
- Bring \$5 for coffee/tea
- 1:3 ratio



Duration:

4 hours, once a week

Interested

Visit www.montrose.org.au/lifestyle
Or call us on **1800 193 362**.