



Midweek

SOCIAL GROUP

You'll look forward to our weekly social group! It's a chance to meet new friends and enjoy hanging out. Most importantly, the group decide what they want to do - *you* plan it and *you* make it happen! Bring your sense of fun and plenty of ideas!

We'll have regular chats and surveys to see what people want to do so you can help shape the activities. So what's first? A poker tournament? Catch a movie? Mall shopping trip? It's up to you.

Perfect for:

16+ year old

Skills developed:

- Social skills
- Event planning
- Negotiation
- Communication
- Responsibility
- Life skills
- Co-operation
- Organisation skills
- Decision-making
- Problem-solving



Learn

What to expect:

- Activities of your choice
- Help to plan group outings
- Small welcoming group

Duration:

Once a week daytime (6 hours)
Sign up for a term

Cost:

NDIS 1:2 ratio plus cost of activities



Interested

Visit www.montrose.org.au/lifestyle
Or call us on **1800 193 362**.