

NDIS

National Disability Insurance Scheme

*what you
need to know*

What is the NDIS?

The NDIS is a federally funded scheme that provides individual funding packages for people with a disability. The NDIS is designed to help people achieve their goals. This may include greater independence, community involvement, employment and improved wellbeing.

The NDIS replaces State Disability Services funding, Helping Children with Autism (HCWA), and Better Start (BS).

Who is eligible for the NDIS?

- are under 65 years of age, and
- are an Australian citizen or resident or permanent visa holder, and
- meet the disability or early intervention requirements.

How do I access NDIS funding?

The best place to start is the NDIS website (www.ndis.gov.au) where you can check you are eligible.

If you meet the criteria and you would like to become a participant, call the NDIS on 1800 800 110 and ask to make an Access Request.

Once your NDIS access is approved, the next step is to think about what your goals are and what you will need in the way of supports to achieve them.

The NDIS is designed to improve choice and control but examining and understanding your situation thoroughly is vital to your own success. It's a good idea to include those around you, such as your family, friends, and carers, to help with your decision-making and preparation.

You can also talk to Montrose during this stage to get helpful hints and advice.



How do I manage my funding?

- You can choose between self managing, where you are responsible for engaging providers, paying invoices and staff and acquitting funding to the NDIS, or
- The NDIS can hold the funds and providers claim payment from them, or
- A Plan Manager approved by the NDIS can manage it for you

What may be funded?

Examples

- Therapy supports
- Assistive technology and equipment prescribed by therapists
- Support workers to assist with community access and personal care

What does Montrose provide?

- Speech Pathology
- Occupational Therapy
- Physiotherapy
- Social Work
- Short Stay accommodation (Respite)
- Lifestyle and Leisure

Please check our website to see which services are available in your area.

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How can I register with Montrose?

- 1 Call us on 1800 193 362
- 2 E-mail us at: hello@montrose.org.au
- 3 Contact us via our website at: www.montrose.org.au

How much do you charge for NDIS services?

We charge the rates set out in the NDIS Price Schedule for our services. These can be found on the NDIS website or our planners will discuss this with you during the registration process. If you wish, we can assist you to plan how best to use your funding to achieve your goals.

What happens to my HCWA or Better Start funding?

Once you have been provided with an NDIS plan, your Helping Children with Autism (HCWA) and Better Start funding will end and you can commence using your NDIS funding.

Do I have to change from DS/HWCA/Better Start funding to the NDIS?

Yes. Disability Services (DS)/HCWA/BS will cease to exist once the NDIS is rolled out in your area.

What paperwork is required at the registration appointment?

- It is helpful to bring your NDIS Plan
- Reports or letters which give the therapists a picture of the customer's medical/therapy history to date



What NDIS support can I get?

The NDIS will fund reasonable and necessary supports that help people with a disability to achieve their goals.

The NDIS states that be considered reasonable and necessary, a support or service:

- must be related to a participant's disability
- must not include day-to-day living costs not related to your disability support needs, such as groceries
- should represent value for money
- must be likely to be effective and work for the participant, and
- should take into account support given to you by other government services, your family, carers, networks and the community.