

# Skills Groups



## Age specific literacy work in small groups.

Delivered by a qualified Occupational Therapist at our Toowoomba Service Centre: 1/9 Bowen Street, Toowoomba

Maximum 4 per group

**Group One:** 4-5 year old fine motor and handwriting skills group

7, 14 and 21 January 2019, 9:30-11am

The group will involve activities and games that focus on fine motor skills relevant to your child including pre-writing skills and handwriting development.

**For children who are interested in letters and numbers and who need to develop fine motor skills**

Objectives for group:

- Develop age appropriate grasp
- Identify and name letters and numbers
- Focus on developing skills in drawing pre-writing shapes
- Strengthen fine motor skills
- Increase hand strength and in hand manipulation
- Increase body awareness

**Group Two:** 6-8 year old fine motor and handwriting skills group

7, 14 and 21 January 2019, 12.00-1.30pm

The group will involve activities and games that focus on fine motor skills relevant to your child including letter formation and handwriting development.

**For children who are looking to develop their handwriting and fine motor skills**

Objectives for group:

- Strengthen fine motor skills
- Develop handwriting skills including letter formations, letter placement and sizing, and writing words and sentences.
- Increase hand strength and in hand manipulation
- Increase body awareness

## CONTACT US

# 07 4592 7200

[hello@montrose.org.au](mailto:hello@montrose.org.au)