



**Montrose**

Therapy & Respite Services

# Our Services





We offer a diverse range of high quality therapy and support services to children and young people at home, in the community or at one of our convenient service locations. The experienced and friendly team at Montrose will work alongside you to build a plan that's right for you or your child and support you through times of growth and change.

## Speech pathology

The Speech Pathology team specialises in assisting children and young adults who have difficulty with speech, reading, language, communicating and swallowing.

## Occupational therapy

Our team of occupational therapists help you to build the skills and confidence to take part in everyday activities. They can help you break down challenging activities into manageable tasks and gradually build on your strengths. Occupational therapists can help with assessment and prescription of Assistive Technology as well as vehicle and environment modifications.

## Physiotherapy

Physiotherapy helps improve your balance, coordination and strength through tailored therapy, exercises and informed advice. Our therapists will work with you to help you meet your movement, mobility needs and gross motor goals. We can also help with selection and prescriptions for mobility equipment, such as a wheelchairs and walkers.

## Psychology

Psychologists work with children and their families to promote psychological wellbeing and positive and effective behaviour.

## Social work

Our social workers are there to support you and your family. Sometimes people just need some helpful advice and a little extra support during times of change.

## Therapy in Schools

We provide support in schools for students with a disability through the Department of Education and Training Non School Organisations (NSO) Program. The NSO funding that we receive aims to support collaboration between schools and therapists to achieve optimal educational outcomes for students.

Funded supports include physiotherapy, occupational therapy and speech language pathology.



## Lifestyle & leisure

You can learn new skills, prepare for the workforce or education and participate in fun activities with people your own age. We're there to help young adults be active, involved and enjoy their community.

## Respite

From overnight to a week, the short-stay house at Yeerongpilly in Brisbane offers 24-hour support from our friendly and highly experienced team. This is a great way for children and young adults to enjoy time with friends and take a break.

## Daily living

Our Daily Living service provides you with a professional Direct Support Worker (DSW) in the location that best meets your needs, for example:

- **Support in your home** with personal care & general assistance, the provision of respite care or support with study.
- **Support where you need it** such as when attending a sporting event, chores at home, school, TAFE or Uni, going to the movies or out with friends.



## Accessible holidays

People with a disability or mobility issues know the challenge of finding somewhere genuinely accessible with all the facilities and equipment in place to provide a care-free holiday. We provide unique fully-accessible and equipped accommodation on the Sunshine Coast and Gold Coast.

## Independent living

For any young person, leaving home is a big step towards independence. Montrose is assisting young adults with a disability to make that step through innovative housing located in Fitzgibbon Chase on Brisbane's north side.



## Funding Options

Montrose is a registered National Disability Insurance Scheme (NDIS) provider.

We also work with the following funding sources:

- Helping Children with Autism (HCWA) – For children aged 0-6 years. HCWA will be replaced with NDIS early intervention funding when operating in your area.
- We provide therapy in schools through the 'Non School Organisation' program.
- In regions still waiting for the NDIS, we continue to offer services through our funding arrangements with the Department of Communities, Child Safety and Disability Services.
- Better Start for Children with Disability – this initiative provides funding for early intervention services. Will be replaced by NDIS funding when available in your area.
- Medicare (Chronic Disease Management) – Your General Practitioner can help access this funding.
- Private health insurance with gap-only payments via HiCAPS
- Self-funded (a fee schedule is available on request)



To book an appointment or chat with one of our team members, contact us on **1800 193 362**





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# Where the HEART is

## Locations

### HEAD OFFICE

(and Brisbane South  
Service Centre)

2/10 Station Avenue

DARRA QLD 4076

P 1800 193 362

D 07 3379 9200

### BRISBANE NORTH

2/3 Jockers Street

STRATHPINE QLD 4500

P 07 3881 7900

### GOLD COAST

Cnr Allied Drive &

Byth Street

ARUNDEL QLD 4214

P 07 5509 9300

### IPSWICH

Shop 36, 64 Raceview Street,

RACEVIEW QLD 4305

P 07 3280 3800

### SUNSHINE COAST

Level 2, 20 Innovation  
Parkway

BIRTINYA QLD 4575

P 07 5439 1300

### TOOWOOMBA

1/9 Bowen Street

TOOWOOMBA QLD 4350

P 07 4592 7200

### TOWNSVILLE

First Floor, Building 3

86 Thuringowa Drive,

THURINGOWA QLD 4817

P 07 4417 7100

**P 1800 193 362**

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